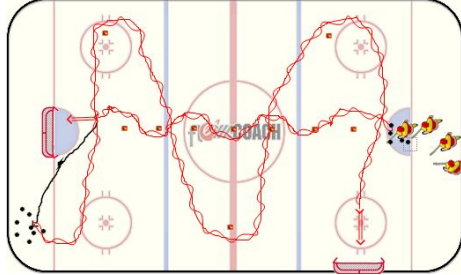


1) Snake Drill



**DRILL OBJECTIVE:** Players must carry the puck with

0 min.

**KEY ELEMENTS:**

- Puckhandling
- Shooting
- Fun

**ORGANIZATION:** Move one of the nets to the side boards.

Put the players in a line starting in the blue paint from where the net was moved. Put a line of 8-12 cones straight down the middle of the ice. Put 3 other cones by the side boards diagonally from each other. Players carry the puck straight down the ice weaving through the cones. They shoot at the opposite end, then pick up a puck in the corner. They then carry the puck back to the end they started, skating diagonally back and forth across the ice. The next player in line starts when the player in front of him gets to the blue line, so that 6-7 players are going at a time. Players are forced to keep their heads up.

**VARIATION:**

**GOALIE:**

Post-Practice Comments:

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