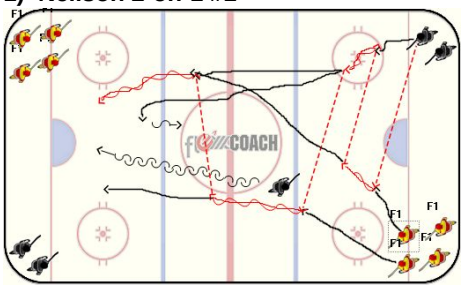
Practice Objectives / Notes:

1) Neilson 2-on-1 #1



DRILL OBJECTIVE: **8 min.**

KEY ELEMENTS:

ORGANIZATION: 1) D in corner with pucks as shown, Forwards in opposite corner, both ends as shown
2) Need a D man to start in neutral zone to start drill
3) D starts out of corner and passes to first F out of opposite corner. First F then bumps the puck back to D
4) D then passes puck to second F
5) Both F go up ice 2-on-1 vs D man who started in neutral zone, 2-on-1
6)D man who started the play trails up the ice and will take the next 2-on-1 back from the other end.
VARIATION:
GOALIE:

Post-Practice Comments: